

OptiSmooth Hydrophilic Coated Nelaton Catheter for Single Use Only

Thank you for choosing the OptiSmooth hydrophilic coated intermittent catheter. It has been specially developed from many years of listening to people who catheterise. Consulting experienced healthcare professionals we think it is one of the most advanced intermittent catheters available today.

This product is made of medical grade, high quality thermosensitive PVC and is intended for single use only. The OptiSmooth catheter incorporates a very smooth lubricious hydrophilic coating developed for optimum smoothness. We feel this could potentially improve the comfort of insertion and removal.

Product type or specification

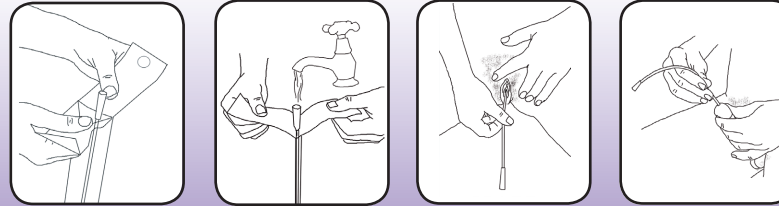
Male / Mitrofanoff (40cm length)	OS4008	OS4010	OS4012	OS4014	OS4016	OS4018
Female Regular (18cm Length)	OS1808	OS1810	OS1812	OS1814	OS1816	
Female Mini (12cm Length)	OS1208	OS1210	OS1212	OS1214	OS1216	
Paediatric (30cm Length)	OS3006	OS3008	OS3010			

Intended Use

This product is to be used for intermittent self-catherisation (ISC) purposes only.

Precautions

- This product should be used solely for intermittent catheterisation, upon the recommendation of a qualified healthcare professional.
- For single use only. Do not reuse.
- Do not use if the package or product has accidentally been damaged or contaminated.
- Use immediately after opening. After using please dispose of the catheter by placing the used catheter back into the opened packaging and dispose the pack safely and responsibly.



Recommended method of use

1. Begin by washing your hands and the urethral opening or Stoma (Opening) to help prevent bacterial contamination.
2. Open the packet approximately 2-4 cm and add sufficient water to the pack (sterile water or saline can also be used). This will ensure your catheter is fully immersed in water and the coating has been fully activated. Please leave the catheter for 15-30 seconds for the hydrophilic coating to become activated. USE THE STICKY PAD TO SECURE THE CATHETER PACK TO A SURFACE WHILST YOU PREPARE FOR THE PROCEDURE.
3. When ready peel back the packaging further and remove the catheter. Please take care not drop or contaminate the catheter.
4. Position the OptiSmooth catheter at the urethral or Stoma (Opening) with one hand; using the other hand to insert the lubricated catheter gently down into the urethra or passage until urine starts to flow. You can drain the urine straight into the toilet or a receptacle or you can connect the OptiSmooth funnel to a urine drainage bag if preferred.
5. When the bladder is empty, slowly remove the catheter and place the used catheter in the empty packet. Dispose the packet responsibly into a waste bin.

Storage recommendation

Do not store at extreme temperatures and avoid humidity. Avoid direct sunlight.

OptiSmooth[®]
Optimum smoothness Optimum comfort

LATEX FREE

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Vesica Urology Ltd

OptiSmooth[®]
Optimum smoothness Optimum comfort

INSTRUCTIONS FOR USE

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